Date:	Time:	L	ength:	min	sec.	Flag It
• •	imple Partial	•		•		
	Clonic To				cal Absen	ce
	e □ Infantile Sp Good □ Normal					
					ling late	or missed)
Possible Triggers: Changes in Medication (including late or missed)						
	Overtired or irregular sleep Alcohol or drug use Irregular Diet					
-	\Box Bright or flashing lights \Box Fever or overheated \Box Emotional Stress					
Hormona Hormona	al fluctuations	\Box Sick – Des	cribe			
□ Other	□ Other					
Trigger note	Trigger notes:					
Description : Change in awareness Loss of urine or bowel control						
□ Loss of ability to communicate □ Automatic repeated movements						
□ Muscle stiffness in □ Aura						
Muscle twitch in Other						
Description notes:						
Post event:	Unable Unable	to communica	ite 🛛 Re	emembers	sevent	
□ Sleepy □ Muscle weakness □ Sleepy						
Post event notes:						
Entered @ SeizureTracker.com						

Date:		Length:	min	sec.	Flag It	
Type: Simple	Partial DComple	ex Partial 🛛 Sec	condary Ge	eneralized	□ Atonic	
	□ Tonic □ Clonic □ Tonic-Clonic □ Myoclonic □ Atypical Absence					
	nfantile Spasms (clu	, ,				
	□ Normal □ Bad					
Possible Trigger	Possible Triggers : Changes in Medication (including late or missed)					
Overtired or in	\Box Overtired or irregular sleep \Box Alcohol or drug use \Box Irregular Diet					
Bright or flash	□ Bright or flashing lights □ Fever or overheated □ Emotional Stress					
Hormonal flue	□ Hormonal fluctuations □ Sick – <i>Describe</i>					
□ Other	□ Other					
Trigger notes:						
Description : Change in awareness Loss of urine or bowel control						
□ Loss of ability to communicate □ Automatic repeated movements						
□ Muscle stiffness in □ Aura						
Muscle twitch in Other						
Description notes:						
Post event: Unable to communicate Remembers event						
□ Sleepy □ Muscle weakness □ Sleepy						
Post event notes:						
Entered @ SeizureTracker.com						

Date: Time: Length: min. sec. Flag It					
Type: □ Simple Partial □ Complex Partial □ Secondary Generalized □ Atonic					
□ Tonic □ Clonic □ Tonic-Clonic □ Myoclonic □ Atypical Absence					
□ Absence □ Infantile Spasms (cluster) □ Unknown					
Mood: □ Good □ Normal □ Bad OTC Medications					
Possible Triggers : Changes in Medication (including late or missed)					
\Box Overtired or irregular sleep \Box Alcohol or drug use \Box Irregular Diet					
□ Bright or flashing lights □ Fever or overheated □ Emotional Stress					
□ Hormonal fluctuations □ Sick – <i>Describe</i>					
□ Other					
Trigger notes:					
Description : Change in awareness Loss of urine or bowel control					
□ Loss of ability to communicate □ Automatic repeated movements					
□ Muscle stiffness in □ Aura					
Muscle twitch in Other					
Description notes:					
Post event: Unable to communicate Remembers event					
□ Sleepy □ Muscle weakness □ Sleepy					
Post event notes:					
Entered @ SeizureTracker.com					

Date:	Time:	Le	ngth:	min	sec.	Flag It
Type: □ Si	mple Partial D Co	mplex Partia	1 🗆 Seco	ondary Ge	neralized	□ Atonic
□ Tonic □	Clonic D Tonic-	Clonic 🛛 M	Iyoclonic	□Atypic	al Absen	ce
	□ Infantile Spasm					
Mood : \Box G	ood 🗆 Normal 🗆 B	ad OTC I	Medicatio	ons		
Possible Tri	Possible Triggers: Changes in Medication (including late or missed)					or missed)
\Box Overtired or irregular sleep \Box Alcohol or drug use \Box Irregular Diet						
Bright or	□ Bright or flashing lights □ Fever or overheated □ Emotional Stress					
Hormona	l fluctuations \Box	Sick – Desc	ribe			
□ Other						
Trigger notes:						
Description : Change in awareness Loss of urine or bowel control						
□ Loss of ability to communicate □ Automatic repeated movements						
□ Muscle stiffness in □ Aura						
Muscle twitch in Other						
Description notes:						
Post event:	Unable to c	ommunicat	e 🗆 Re	emembers	s event	
□ Sleepy □ Muscle weakness □ Sleepy						
Post event notes:						
Entered @ SeizureTracker.com						

This form and more are downloadable at www.SeizureTracker.com/MainSuppDocs.php

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